

# Training Matrix Summary of Requirements for Fall Protection and Rescue Personnel

	Program Administrator	Qualified Person	Competent Person	Authorized Person / Authorized Rescuer	Competent Person, Competent Rescuer, Qualified Person, Trainers
<b>Trained or Evaluated By:</b>	<p>The Program Administrator shall be trained by:</p> <ul style="list-style-type: none"> <li>o A Competent Person trainer, or</li> <li>o A Qualified Person trainer.</li> </ul>	<p>The Qualified Person shall be trained by:</p> <ul style="list-style-type: none"> <li>o A Qualified Person trainer.</li> </ul>	<p>The Competent Person shall be trained by:</p> <ul style="list-style-type: none"> <li>o A Competent Person trainer, or</li> <li>o A Qualified Person trainer.</li> </ul>	<p>The Authorized Person shall be performed by:</p> <ul style="list-style-type: none"> <li>o A Competent Person,</li> <li>o A Qualified Person,</li> <li>o A Qualified Person trainer, or</li> <li>o A Competent Person trainer.</li> </ul> <p>The Authorized Rescuer shall be evaluated by:</p> <ul style="list-style-type: none"> <li>o A Competent Rescuer or</li> <li>o A Competent Rescuer Trainer.</li> </ul>	
<b>Frequency:</b>		<p>Qualified Persons shall receive training not less than once every two years.</p>	<p>Competent Persons shall receive training not less than once every two years.</p>	<p>Authorized Persons and Authorized Rescuers shall be evaluated at least annually.</p> <p>This evaluation shall include:</p> <ul style="list-style-type: none"> <li>o A written examination and</li> <li>o Demonstrated use of the selected equipment.</li> </ul>	
<b>Skills Covered:</b>	<p>Program Administrator training shall include:</p> <ul style="list-style-type: none"> <li>o Applicable fall protection regulations,</li> <li>o Selecting fall protection systems including the common hazards associated with each system and component,</li> <li>o Developing a managed fall protection program,</li> <li>o Fall hazard surveys,</li> <li>o Selection and appointment of steering committee personnel,</li> <li>o Developing approved equipment purchase lists,</li> <li>o Selecting and appointing competent and qualified people,</li> <li>o Developing written fall protection, rescue, and evacuation procedures,</li> <li>o Developing engineering system standards,</li> <li>o Developing training programs,</li> <li>o Investigating incidents and near misses.</li> </ul>	<p>Qualified Person training shall cover:</p> <ul style="list-style-type: none"> <li>o The responsibilities of authorized, competent, qualified, and program administrators with respect to fall protection,</li> <li>o Applicable fall protection regulations,</li> <li>o Preparing fall hazard surveys,</li> <li>o Fall hazard elimination and controls methods,</li> <li>o Selecting fall protection systems including the common hazards associated with each system and component,</li> <li>o Assessing fall protection systems and determining system safety (clearance requirements, free fall distance, swing fall forces, impact forces),</li> <li>o Developing written fall protection, rescue, and evacuation procedures, standards,</li> <li>o Designing, selecting, and analyzing anchorages and anchorage structures,</li> <li>o Designing new, and evaluating existing, horizontal lifelines, equipment components and systems (including component compatibility),</li> <li>o Determining when fall protection systems are infeasible,</li> <li>o Investigating incidents and near misses.</li> </ul>	<p>Competent Person training shall cover:</p> <ul style="list-style-type: none"> <li>o The responsibilities of authorized, competent, qualified, and program administrators with respect to fall protection,</li> <li>o Applicable fall protection regulations, methods,</li> <li>o Selecting fall protection systems including the common hazards associated with each system and component,</li> <li>o Preparing fall hazard surveys,</li> <li>o Developing written fall protection, rescue, and evacuation procedures,</li> <li>o Inspection and recoding of equipment components and systems (including component compatibility),</li> <li>o Assessing fall protection systems and determining system safety (clearance requirements, free fall distance, swing fall forces, impact forces),</li> <li>o Selection, and use, of non-certified work positioning and travel restraint anchorages.</li> <li>o Investigating incidents and near misses.</li> </ul>	<p>Every Authorized Person and Authorized Rescuer shall receive training:</p> <ul style="list-style-type: none"> <li>o Before they are exposed to a fall hazard for the first time;</li> <li>o When the nature of the work changes,</li> <li>o When the nature of the workplace changes,</li> <li>o When the methods of eliminating or controlling a fall hazard change to an extent that prior training is not adequate;</li> <li>o When the person does not have the required level of knowledge, or</li> <li>o When the person is not following the required means and methods.</li> </ul>	<p>Competent Person, Competent Rescuer, and Qualified Person Trainers shall have, at a minimum for person that they are training, the:</p> <ul style="list-style-type: none"> <li>o Experience,</li> <li>o Knowledge,</li> <li>o Training, and</li> <li>o Education.</li> </ul> <p>Trainers shall have adult education:</p> <ul style="list-style-type: none"> <li>o Experience, and</li> <li>o Knowledge, and</li> <li>o Training skills.</li> </ul>

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<b>Demonstrations:</b>		<p>Qualified Person must <u>demonstrate</u> how to properly:</p> <ul style="list-style-type: none"> <li>o Select the equipment,</li> <li>o Inspect the equipment prior to use,</li> <li>o Install the equipment,</li> <li>o Anchor appropriately,</li> <li>o Assemble the components,</li> <li>o Use the selected fall protection equipment in the field where the work is done,</li> <li>o Dismantle the system, and</li> <li>o Store the equipment.</li> </ul>	<p>Competent Person must <u>demonstrate</u> how to properly:</p> <ul style="list-style-type: none"> <li>o Select the equipment,</li> <li>o Inspect the equipment prior to use,</li> <li>o Install the equipment,</li> <li>o Anchor appropriately,</li> <li>o Assemble the components,</li> <li>o Use the selected fall protection equipment in the field where the work is done,</li> <li>o Dismantle the system, and</li> <li>o Store the equipment.</li> </ul>	<p>Authorized Person or Authorized Rescuer must <u>demonstrate</u> how to properly:</p> <ul style="list-style-type: none"> <li>o Use the types of equipment that the person is authorized to operate.</li> </ul>	
<b>Comments:</b>				<p>The program administrator will determine what training is required by an Authorized Person. They shall consider:</p> <ul style="list-style-type: none"> <li>o What trainees are required to know or do;</li> <li>o Any available job analysis and any changes to the job;</li> <li>o Site specific information;</li> <li>o Special abilities, needs, or languages of the trainee;</li> <li>o Previous training provided to the trainee; and</li> <li>o Regulatory requirements and changes to regulations.</li> </ul>	